

a r s h p f i f t y u s a p r
p m g c r i p i a a h o i l e
b p s t i u t n w o d l o o c
a e o e m w n i e n s q t o o
y l l r k o h s e l b u o d v
e g a t t n o h t a r a m r e
r w n s c a i e t w a l k e r
t n o i t k p r e u n i o n o
s b s a n l a o d i s f g n t
l f a n o i t a t s d i a i r
b r a g l a a d a t t e l w w
p e n r e c o r d i l r l r a
f n u c t l t a t l a a o e n
k n l o l l s c i p d i w p i
s u r o u a e e t s e t a t s
b r r e r u e k r g m i y r o

marathon
runner
trailrun
walker
roadrace
doubles
ultra
training
finisher
fartlek
splits
club
aidstation
record
portapot
pr
qualifier
reunion
Boston
winner
shoes
medal
recover
bagels
Galloway
sportsdrink
stretch
fifty
states
cooldown
warmup